



WUSHU SMART LAB

COACHING

SEMINAR

OCTOBER 29-30 2022 · PARIS (FRANCE)

REGULATION

ENGLISH VERSION

01 GENERAL DETAILS

Wushu Smart Lab Coaching Seminar

SEMINAR OBJECTIVES

- Improving the technical standard of wushu coaches;
- Popularizing wushu;
- Providing tools for schools to attract students;
- Implementing scientific methodology within wushu.

ORGANIZERS

Main organizer: Wushu Smart Lab
Local organizer: Association FANLING

DATE AND PLACE

Date: October 29th to 30th
Place: 29 Rue Ledru Rollin, 94200 Ivry-sur-Seine, France

ELIGIBILITY OF PARTICIPANTS

Any person from any country, city, or club who is involved in wushu, kungfu may participate in the seminar.

ENTRIES

Final Entries

All final entries must be submitted through the WSL Online Registration. All sections of the online entry must be completed in full. Each participant must print a copy of the WAIVER OF LIABILITIES submitted and present it upon arrival and registration for the relevant seminar.

The deadline for the final entry to be submitted is: 24:00 (Paris Time) on October 15th, 2022

Online registration URL:

<https://forms.gle/a7uY56gTT9pApc5JA>

CONTACT

Email: wushusmartlab@gmail.com
Tel: +33 643 688 998

ARRIVAL & REGISTRATION

All participants are required to arrive at the designated location by their own means and register with the local organizers no later than: 09:00 (Paris Time) on October 29th, 2022. Upon arrival, all participants are required to pay the relevant participation fees in full.

CERTIFICATION

Every participant will receive a participation certificate from Wushu Smart Lab.

FINANCIAL CONDITIONS

The international airfare and related travel expenses, as well as accommodation/participation fees of all participants shall be borne by the participants themselves.

Seminar Fees: 160 euros

NOTE:

Accompanying persons will not be permitted to attend seminar lectures and training sessions and will not be issued teaching materials and participation certificates.

PAYMENT METHODS

Participants are required to pay all their relevant participation fees in total in Euros to the organizing committee upon arrival.



OTHER MATTERS

All participants are required to abide by the conditions stipulated by the WSL and the organizing committee.

The WSL reserves the right to deny participation in the course to participants who fail to complete the registration. All costs related to such incident shall be borne by the

participants.

All participants must have with them: sports shoes (suited to wushu practice), and comfortable sportswear.

The seminars will be conducted in accordance with local laws regarding COVID-19.

02 SCHEDULE OF THE SEMINAR

Wushu Smart Lab Coaching Seminar



OCTOBER 29 - SATURDAY	
A.M. (THEORY AND PRACTICAL PEDAGOGY)	P.M. (THEORY AND PRACTICAL PEDAGOGY)
9:00 : Registration	14:00 : Wushu as a means of education: From theory to practice (Lecture – 60 mins)
9:30 : Analysis of the underlying foundation and logic of Wushu and its impact on its development. (Theory – 60 mins)	15:00 : Integration of injury prevention and mitigation into training: Avoiding injuries and correcting imbalances caused by the practice of Wushu (Practical – 90 mins)
10:30 : How to utilize course variation in order to motivate practitioners as they progress. (Practical – 120 mins)	16:30 : What defines a correct technique and how to adapt its teaching methodology to different student groups? (Mixed – Lecture 30 mins & Practical 60 mins)
12:30 : Lunch time	18:00 : End of the first day
OCTOBER 30 - SUNDAY	
A.M. (THEORY AND PRACTICAL PEDAGOGY)	P.M. (THEORY AND PRACTICAL PEDAGOGY)
9h00 : Assessing Practitioners: Problems and Solutions (Lecture - 60 mins)	14:00 : Structure and content of training at Wushu Smart Lab (Lecture - 60 mins)
10:00 : How to teach martial applications in a progressive and safe manner? (Practical - 60 mins)	15:00 : Means and methods for effective and motivating physical preparation (Practical - 120 mins)
11:00 : How to safely teach combat to different age groups? (Practical - 60 mins)	17:00 : End of seminar
12:00 : Lunch time	

WAIVER OF LIABILITIES

Participant's Name:

Date of Birth:
M M D D Y Y Y Y

Gender: Male Female

I hereby release the members of the bureau of Wushu Smart Lab, and FANLING association from all and any responsibility during the seminar which will take place in Angers from October 29 to 30, 2022.

I renounce to assert any claim, of any nature whatsoever, with Wushu Smart Lab and the FANLING association. This concerns in particular cases of accident, injury, theft, damage to personal property, or others occurring during my participation in the training sessions referred to above.

I acknowledge having read the rules of the seminar and I accept them without any conditions. I am informed that it is my responsibility to personally take out health / accident and civil liability insurance.

I agree to be excluded from the seminar without any financial compensation should I fail to follow the rules of the seminar, especially if I show a lack of respect towards the organizers or other participants, or cause disturbances during the seminar.

I also provide financial guarantee in the event of voluntary degradation that I may cause during these sessions.

The refusal to sign this disclaimer or the non-presentation thereof, reserves the right to Wushu Smart Lab and the FANLING association to exclude my participation in the seminar.

Date:

Signature:

PHOTO & VIDEO IMAGES CONSENT FORM

Participant's Name:

Date of Birth:
D D M M Y Y Y Y

Gender: Male Female

During the Wushu Smart Lab seminar, photos and video images may be captured and used for display, promotional purposes, and as a coaching aid during the seminar which will take place October 29-30, 2022 in Ivry-sur-Seine.

In accordance with our Welfare Policy and Photographic & Video Images Policy, we will not permit photographs or video images of our students to be taken without their written consent.

To be completed by the participant:

- I give permission for my photograph to be used within Wushu Smart Lab for display purposes
- I give permission for my photograph to be used within other printed publications
- I give permission for my photograph to be used on Wushu Smart Lab's website
- I give permission to be videoed for use on the Wushu Smart Lab website and youtube page
- I give permission for my photograph to be used on the Wushu Smart Lab's social media pages
- I give permission to be videoed for use on the Wushu Smart Lab social media pages
- I give permission for my photograph to be used as a coaching aid by Wushu Smart Lab
- I give permission for videos to be used as a coaching aid by Wushu Smart Lab

All permissions must be given to Wushu Smart Lab in order to participate in our seminar which will take place from October 29 to 30, 2022 in Ivry-sur-Seine.

Date:

Signature: